

Melanie Cook

Clinical Hypnotherapist

I am originally from North Wales and now live with my family in Somerset.

I trained as a Clinical Hypnotherapist/ Solution Focused Psychotherapist with the most experienced and forward thinking Hypnotherapist in the country at The Clifton Practice in Bristol.

I am also a fully qualified and experienced Solution Focused Brief Therapist and Reiki Healing Practitioner, I will draw on all my skills and experience when working with you.

“I welcome the opportunity to be part of this new association. I have seen the tremendous benefits of focusing on solutions and encouraging positive thinking - clients find the approach amazingly uplifting”.

