

## What to expect....

I offer a **free** 15 minute phone consultation so we can discuss what you would like help with and see if Homoeopathy will be the right route for you to take.

If you decide to book an appointment....The initial consultation lasts up to 90 minutes. After which I will prescribe you a Homoeopathic remedy. We may also discuss beneficial changes in lifestyle and nutrition, and I may offer herbal remedies or supplements to support.

We often arrange a follow up appointment in a months time to assess your response to the remedies.

## Costs

Adult initial 90 min consultation & Homoeopathic remedy - £50

Follow up appointments 45 mins - £30

Children initial 60 minute consultation - £40

Follow up appointments 30 mins - £25

*Concessionary rates with proof of benefits required -*

*Adults - initial appointments £30 /follow ups £25*

*Children - initial appointments £20/follow ups £15*

